

HEATHER WRIGHT

OBJECTIVE

To provide qualified and professional personal support and care to individuals who are working towards independence.

EDUCATION

Register Personal Support Worker Georgian College: Collingwood, ON	2011 – 2012
Certified Dental Receptionist Ontario Dental Nurses Association	2008 – 2009
Certified- Dental Chairside Assistant Level 1 and Harp Certified Canada Career College: Barrie, ON	2002 – 2003

WORK EXPERIENCE

Personal Support Worker Wright Rehab	Present
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Provide consistent support to individuals living with ABI to progress toward their rehabilitation goals. Effectively work with a multi disciplinary team to implement strategies to promote independence and skill development in management of daily activities in the home and community. Encourage client coping mechanisms to manage issues of pain, fatigue and frustration. Develop professional session notes to record progress and identify challenges for team review.

Nursing Home, Personal Support Worker Sunset Manor: Collingwood, ON	2011 – 2012
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Helping residents with their activities of daily living and personal care.

Retirement Home, Personal Support Worker and Guest Attendant Blue Mountain Manor: Stayner, ON	2011 – 2012
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Helping residents with personal care and light housekeeping.



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wrightrehab.ca

Daycare Aide

2005 – 2010

We're Little People Too Daycare: Stayner, ON

Developed and assisted with meaningful programs and activities for preschoolers within a daycare setting.

Housekeeper

2006 – 2007

Crystal Cleaning: Wasaga Beach, ON

Cleaning new residential homes and model homes.

Housekeeper

2001 – 2002

Blue Mountain Resort: Blue Mountain, ON

Cleaning bedrooms, condos and the Grand Georgian Hotel.

VOLUNTEER WORK

Dental Assistant (Co-op: 80hrs)

2003

Dr. Anderson Dental Office: Collingwood, ON

Taking x-rays, developing and mounting the x-rays.

Daycare Aide (Co-op: 640 hrs.)

1993 – 1994

Precious Jewels Daycare: Brampton, ON

Helping the ECE teacher with the preschooler's and planning activities.

CERTIFICATIONS AND ACHIEVEMENTS

- Gentle Persuasion Approach Course (8 hrs.) April 2012
- Register Personal Support Worker (600 hrs.) April 2012
- First Aid and CPR Course (16 hrs.) August 2009
- Certified Dental Receptionist June 2009
- Certified Dental Chairside Level 1 assistant Exam June 2005

INTERESTS

- Outdoors
- Sports
- Travelling
- Music
- Photography
- Dancing